

**Boston**  
Dementia Friendly  
Community



# Dementia Directory of Services for Boston



Name Of Service	Service Offered	Address	Contact Name	Contact Details	When
Admiral Nurse Dementia Helpline	<p>Dementia UK's Helpline is staffed by specialist dementia nurses, known as Admiral Nurses. They offer advice and support with any aspect of dementia, including:</p> <ul style="list-style-type: none"> <li>* possible symptoms of dementia</li> <li>* how to get a diagnosis</li> <li>* understanding the diagnosis and how the condition progresses</li> <li>* practical tips for caring for someone who lives with dementia</li> <li>* adapting to and coping with changes in behaviour</li> <li>* financial and legal issues</li> <li>* transitions in care, including moving into residential care</li> <li>* information on young onset dementia (where symptoms develop before the age of 65)</li> <li>* emotional support for you</li> </ul> <p>All calls are free and confidential.</p>	Nationwide	Admiral Nurse Dementia Helpline	<p>Local contact –</p> <p>Tel: 01522 551250</p> <p>Email: <a href="mailto:admiralnurse.referrals@stbarnabashospice.co.uk">admiralnurse.referrals@stbarnabashospice.co.uk</a></p> <p>National helpline –</p> <p>Tel: 0800 888 6678</p> <p>Email: <a href="mailto:helpline@dementiauk.org">helpline@dementiauk.org</a></p> <p>Website: <a href="http://www.dementiauk.org">www.dementiauk.org</a></p>	<p>Mon – Fri 9.00 am – 9 pm</p> <p>Sat &amp; Sun 9.00 am – 5 pm</p> <p>Except 25<sup>th</sup> December</p>
Adult Care	Adult Social Care is responsible for ensuring the most vulnerable adults in our community and their informal carers are safeguarded and provided with support to meet their needs.	County Offices Newland Lincoln LN1 1YL	Lincolnshire County Council Adult Care	<p>Tel: 01522 782155</p> <p>Email: <a href="mailto:csc_socialcare@lincolnshire.gov.uk">csc_socialcare@lincolnshire.gov.uk</a></p> <p>For out of hours emergencies Tel. 01522 782333</p>	<p>8 am – 6 pm Monday to Friday</p>
Adults Supporting Adults	Adults Supporting Adults provide community services for people over the age of 18 years who have a learning or physical disability, sensory impairment, experience poor mental health or people with dementia who require support to live in the community.	Office 2 Kesteven Business Centre Kesteven St Sleaford NG34 7DT	Adults Supporting Adults	<p>Tel: 01529 416270</p> <p>Email: <a href="mailto:admin@asaorg.co.uk">admin@asaorg.co.uk</a></p> <p>Website: <a href="http://www.asaorg.co.uk">www.asaorg.co.uk</a></p>	
Age UK Lincoln & South Lincolnshire – I Forget Service	Service providing information, guidance and support for people living with dementia and their carers, delivered in partnership with Lincs Independent Living Partnership. This service has been co-designed with people who have lived experience of dementia and aims to support not only those living with dementia but anyone who is experiencing memory loss or any other form of cognitive impairment. This service will include practical information and advice, wellbeing support and social activities, support for family, friends and carers, support to access financial and legal advice, anticipatory care planning and crisis avoidance.	Head Office: 36 Park Street, Lincoln, LN1 1UQ	Age UK Lincoln & South Lincolnshire	<p>Tel: 03455 564 144</p> <p>Email: <a href="mailto:iforget@ageuklsl.org.uk">iforget@ageuklsl.org.uk</a></p> <p>Website: <a href="https://www.ageuk.org.uk/lincolnsouthlincolnshire/our-services/i-forget/">https://www.ageuk.org.uk/lincolnsouthlincolnshire/our-services/i-forget/</a></p>	<p>845 am - 4 pm Monday - Friday (excluding Bank Holidays)</p>


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Age UK Lincoln & South Lincolnshire – <i>Other care and support services</i>	<p>Provides support to people aged 50 and over across Lincoln &amp; South Lincolnshire.</p> <p>Support includes: Personal Care, Lifestyle Support, Deep Cleaning, Domestic Cleaning, Laundry, Gardening, Handyperson, House Clearance, Telecare, Response, Hospital Avoidance Response Team (HART), Discharge Buddies, Community Connectors, Information &amp; Advice, Connect to Support Lincolnshire (CTSL), Activities, Park Street Eatery, Befriending, Volunteering, Retail.</p>	Head Office: 36 Park Street, Lincoln, LN1 1UQ	Age UK Lincoln & South Lincolnshire	<p>Tel: 03455 564 144</p> <p>Email: <a href="mailto:info@ageuklsl.org.uk">info@ageuklsl.org.uk</a></p> <p>Website: <a href="https://www.ageuk.org.uk/lincolnsouthlincolnshire/">https://www.ageuk.org.uk/lincolnsouthlincolnshire/</a> <a href="https://lincolnshire.connecttosupport.org">https://lincolnshire.connecttosupport.org</a></p>	9 am - 4 pm Monday - Friday (excluding Bank Holidays)
Alzheimer's Society	<p>Alzheimer's society provide information for all aspects of dementia and offer a national dementia support line for anyone that may be affected by dementia.</p> <p>In Lincolnshire, they are delivering on two key projects:</p> <ul style="list-style-type: none"> <li>The Young-Onset Dementia Service providing information, guidance and support for people living with and/or affected by young-onset dementia;</li> <li>The Cadent Gas Project, in addition to supporting dementia related needs they are supporting people with energy efficiency, gas safety and registering with the Priority Services Register</li> </ul>	Countywide	Alzheimer's Society	<p>National Dementia Connect to Support Tel: 0333 150 3456</p> <p>Lincolnshire Team: 01522 692 681</p> <p>Email: <a href="mailto:lincoln.enquiries@alzheimers.org.uk">lincoln.enquiries@alzheimers.org.uk</a></p> <p>Website: <a href="http://www.alzheimers.org.uk">www.alzheimers.org.uk</a></p>	

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Anglian Water Priority Services and Extra Care	<p>Free, practical support for you and your household in case of emergency, and to make every-day communication easier. Services include personalised contact to you or a trusted person in a water supply interruption, providing information and reassurance. Tailored communication such as extra time to get to the door or phone, a password to help protect against bogus callers, bills in alternative formats like large print, or read out over the phone. We can add to your support network by sharing your needs with National Grid for help in a power cut if you wish.</p> <p>Financial support to help with the cost of living. Tariff checking – making sure you’re not paying more than you need to, especially if your financial circumstances have recently changed, or you’re on a low income. Income maximisation – letting you know if you or someone in your household could receive extra money through state benefits such as carers allowance or attendance allowance. Signposting you to extra savings like Blue Badge or warm homes discount.</p>	Lincolnshire – wide	Priority Services Team	<p>Tel: 0800 232 1951. (no wait times or robots)</p> <p>Extra Care team: Tel 0800 011 0774.</p> <p>Website: - <a href="#">WaterCare</a></p>	<p>Priority Services – 7am – 9pm Monday to Friday (8am – 6pm bank holidays) and 7am – 9pm Saturday and Sunday</p> <p>Extra Care – 8am – 8pm Monday to Friday and 8am – 4pm Saturdays</p>
Avocet House	Avocet House is a 66 bed care home which offers facilities that include ensuite wet-rooms, social areas, and stylish décor. The home boasts a tearoom, cinema room, sky bar, hairdressing salon and communal lounges and dining areas. Avocet House ensures our residents live an independent lifestyle whilst also providing 24/7 person centred care. As part of our community, residents will be able to continue with their daily routines whilst having the day to day needs looked after.	Parkes Lane, Wyberton, Boston, PE21 7NT		<p>Tel: 01205 336897</p> <p><a href="mailto:info@twhealthcare.co.uk">info@twhealthcare.co.uk</a></p>	
Bob’s Brainwaves	Bob’s Brainwaves has been put together to offer support and help for those living with Dementia. Information packs are available, upon diagnosis of Dementia for carers, family and friends		Bob’s Brainwaves	<p>Email: <a href="mailto:support@bobsbrainwaves.org.uk">support@bobsbrainwaves.org.uk</a></p> <p>Website: <a href="http://www.bobsbrainwaves.org.uk">www.bobsbrainwaves.org.uk</a></p>	
Boston Borough Council	Lots of different services available including a dedicated web page on Dementia	Municipal Buildings, West Street Boston PE21 8QR	Boston Borough Council	<p>01205 314200</p> <p>Email: <a href="mailto:info@boston.gov.uk">info@boston.gov.uk</a></p> <p>Website: <a href="http://www.boston.gov.uk">www.boston.gov.uk</a> <a href="#">Mental Health and Dementia - Boston Borough Council</a></p>	<p>8.45 am – 5.15 pm Monday – Thursday</p> <p>8.45 am – 4.45 pm on Fridays</p>



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Boston Community Transport	Accessible door to door service for those unable to access existing forms of transport and have no alternative transport available due to there being no service available, age or frailty, disability or need for assistance.	The Len Medlock Centre St George's Road Boston PE21 8YB	Boston Community Transport	Tel: 01205 360183  Email: <a href="mailto:office@bostonct.org.uk">office@bostonct.org.uk</a>  Website: <a href="http://www.bostonct.org.uk">www.bostonct.org.uk</a>	Monday – Friday  9.00 a.m. – 2.00 p.m.
Boston Community Walks	Come and enjoy a walk and make new friends. All walks are easy walking and offer a 30 or 60 minute al, your choice	Various meeting points throughout the Borough	Rosemary Saunders	Tel: 07970630137  Facebook: <a href="https://www.facebook.com/groups/141438176339146/">https://www.facebook.com/groups/141438176339146/</a>	Monday - Friday every week
Boston Dementia Cafe	A support group for people with dementia and their carers that provides information about living with dementia and other services available locally in an informal and comfortable environment. It is also a place to relax, socialise and meet other people with dementia and their carers.	Len Medlock Centre St. Georges Road Boston PE21 8YB	Alzheimer's Society	Tel: 01522 692 681  Email: <a href="mailto:lincoln.enquiries@alzheimers.org.uk">lincoln.enquiries@alzheimers.org.uk</a>  Website: <a href="http://www.alzheimers.org.uk">www.alzheimers.org.uk</a>	1 <sup>st</sup> Wednesday 2.00 – 4.00pm
Boston Library	Boston Library is a friendly and welcoming venue, which provides free library membership, books, computer facilities and information services to the whole community. The staff are Dementia Friends and are happy to help with enquiries, photocopying and IT basics. The library runs regular reading groups, craft activities and other events suitable for everyone. A range of titles from the National Books on Prescription Scheme are available for borrowing for free and the series includes books specifically for those experiencing Dementia and their families and carers.  (Also see Reading Well Books on Prescription)	Boston Library County Hall Bank Street entrance Boston Lincs. PE21 6DY	Boston Library	Tel: 01522 782010  Email: <a href="mailto:boston.library@gll.org">boston.library@gll.org</a>	

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Butterfly Hospice	<p>The Butterfly Hospice provides free palliative care and holistic support to patients and their families, 24 hours a day, 7 days a week. Our patients receive personalised care for the duration of their stay and are referred to us for respite, symptom control and for care at the end of life.</p> <p>In addition, The Butterfly Hospice Trust also provides support through its bereavement and therapy services, with counselling offered on a one-to-one basis and various support groups.</p>	Rowan Way Boston Lincolnshire PE21 9DH	The Butterfly Hospice	<p>Tel: 01205 311222</p> <p>Email: <a href="mailto:enquiries@butterflyhospice.org.uk">enquiries@butterflyhospice.org.uk</a></p> <p>Website: <a href="http://www.butterflyhospice.com">www.butterflyhospice.com</a></p>	
<p>Carers:</p> <p>The Lincolnshire Carers' Service</p>	<p>Are you looking after someone who could not manage without your care? Then you are a carer and you may want to talk to someone about your caring role and any support needs you may have.</p> <p>We offer tailored information, advice, including about other useful services, for you and the person you are looking after and emotional and practical support. Opportunity to talk in detail about your caring role (a carer's assessment) and how you feel. Support with conversations with people and services such as GPs, social care and hospitals. Practical training to help you in your caring role. Advice and support for carers in the workplace. Eligibility for benefits and financial support. Carer apps for smart phones. Regular contact via telephone, Carers FIRST website, support groups, monthly e-bulletin and What's On guide. Carers Emergency Response Plan. Support to access a break or help around the home. Carer-friendly pharmacies and flu jabs. Hospital in-reach support.</p>	Countywide	<p>Delivered in partnership by</p> <p>Lincolnshire County Council <b>Customer Service Centre</b> (telephone based support service)</p> <p>and <b>Carers FIRST</b> (providing face to face support in the community)</p>	<p>The Customer Service Centre is the first point of contact for all referrals and general enquiries: 01522 782224</p> <p>Email: <a href="mailto:CarersService@lincolnshire.gov.uk">CarersService@lincolnshire.gov.uk</a></p> <p>In an emergency, out of hours, phone the Emergency Duty Team on 01522 782333.</p> <p>Website: <a href="http://www.lincolnshire.gov.uk/carers">www.lincolnshire.gov.uk/carers</a> <a href="http://www.carersfirst.org.uk">www.carersfirst.org.uk</a></p>	8am to 6pm Monday to Friday (except bank holidays)
Centrepoint Outreach	Centrepoint Outreach is an organisation that works with and for homeless and vulnerable people, with social and economic needs from all walks of life.	Belmont House 15 Red Lion Street Boston PE21 6PZ	Liz Hopkins	<p>Tel: 01205 360900</p> <p>Email: <a href="mailto:elizabeth@centrepoint-outreach.com">elizabeth@centrepoint-outreach.com</a></p>	

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Citizens Advice Mid Lincs – Boston Office	The Citizens Advice Mid Lincs service offers practical, up-to-date information and advice on a wide range of topics, including: debt, benefits, housing, legal, discrimination, employment, immigration, consumer and other problems. Specialist benefits/tax credit and debt service by appointment.	Citizens Advice Municipal Buildings West Street , Boston PE21 8QR	Citizens Advice Mid Lincs	Tel: 0808 2787942 Email: outreach@citizensadvicemidlincs.org.uk	Office open 9.00 – 12.30 pm Tuesday and Thursday in Boston and 9.00 – 12.30 pm Monday and Wednesday in Sleaford for self-help and information Drop in
Cera Care Lincolnshire	Providing a range of care and support staff and services, including domiciliary care, supported living, extra care, and continuing healthcare (non-nursing).	Boston		Tel: 01205 400127	
Connect to Support Lincolnshire	Information and advice about health and wellbeing, and adult social care in Lincolnshire. Search online for care and support services and connect to groups, activities and services where you live.	<a href="http://www.lincolnshire.connecttosupport.org">www.lincolnshire.connecttosupport.org</a> 	Connect to Support Lincolnshire	Website: <a href="http://www.lincolnshire.connecttosupport.org">www.lincolnshire.connecttosupport.org</a> Email: <a href="mailto:CTSL@ageuklsl.org.uk">CTSL@ageuklsl.org.uk</a> Telephone: 0300 303 8789 - real people ready to help you	The telephone and live chat are available from 9am to 4pm, Monday to Friday (excluding bank holidays).
Cruse Bereavement Support Lincolnshire	Cruse Bereavement Support is a national charity offering free help to all who are bereaved by someone close to them. Locally we can offer: Understanding Your Bereavement Zoom Group session. Ongoing individual one to one telephone and Zoom sessions and Zoom group sessions	Lincolnshire Cruse Bereavement Support Business Box- Unit 50 3 Oswin Road, Leicester, LE3 1HR	National Helpline 0808808167 7	Tel: 0300 7774488 Option 7 Email: lincoln@cruse.org.uk Cruse website: <a href="http://www.cruse.org.uk">www.cruse.org.uk</a>	

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Every-One	We are a Lincolnshire based charity working with people to be at the centre of their own health and care needs. We offer a range of projects and services that work towards 'making wellbeing personal'. If you are interested in sharing your lived experiences to help improve health and care services, please get in contact. See our website for further details on our portfolio of activities.	No. 5 The Stables Wellingore Hall Wellingore Lincoln LN5 OHU	Every-One	Tel: 01522 811582  Email: <a href="mailto:hello@every-one.org.uk">hello@every-one.org.uk</a>  Website: <a href="http://www.every-one.org.uk">www.every-one.org.uk</a>	
Flo's Friends Ltd	Provide a professional yet friendly service meeting the needs of numerous types of social care, primarily by the provision of care and support workers to individuals within the community  Also specialise in the provision of Domiciliary Care for those wishing to remain at home with Dementia	Flo's Friends 91 Church Road Old Leake Boston Lincs PE22 9PA		Tel: 07411846692  Email: <a href="mailto:flofriends@outlook.com">flofriends@outlook.com</a>  <a href="http://www.flofriendscare.com">www.flofriendscare.com</a>	Open 9 am – 5 pm 7 days a week for enquiries
Frampton House Residential Care Home	A residential care home that caters for people with dementia. Also provides a respite service.	West End Road Frampton Boston PE20 1BT	Emma Harvey Manager	Tel: 01205724216  Email: <a href="mailto:framptonhousecare@gmail.com">framptonhousecare@gmail.com</a>	
Headway	The UK's leading brain injury charity.	The Len Medlock Centre, St. George's Road, Boston, PE21 8YB	Headway	Tel: 07546592526  Email: <a href="mailto:info@headway-lincolnshire.org.uk">info@headway-lincolnshire.org.uk</a>  <a href="http://www.headway.org.uk">www.headway.org.uk</a>	
Healthwatch Lincolnshire	Healthwatch Lincolnshire is the independent champion for people using health and social care services in the county. We listen to patient experiences, provide advice and information, and ensure public voices help shape better services. By gathering feedback and sharing insights with NHS and care providers, we work to improve care for everyone.	HWLincs Healthwatch Lincolnshire Rooms 33 -35 Len Medlock Centre St George's Road Boston Lincolnshire PE21 8YB	Healthwatch Lincolnshire	Tel: 01205 820892  Mon to Thursday open to the public 9 am to 3 pm and Friday 9 am to 12 noon  Email: <a href="mailto:info@healthwatchlincolnshire.co.uk">info@healthwatchlincolnshire.co.uk</a>  Website: <a href="http://www.healthwatchlincolnshire.co.uk">www.healthwatchlincolnshire.co.uk</a>  Find us on: Facebook <a href="https://www.facebook.com/healthwatchlincolnshire">healthwatchlincolnshire</a> Twitter <a href="https://twitter.com/healthwatchlinc">@healthwatchlinc</a>	



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Herbert Protocol	The Herbert Protocol is a national scheme which has been launched in Lincolnshire and encourages carers and families to record vital information on a form which could be used in the event of a vulnerable person going missing.				
Smart Wristbands	<p>A “smart” wristband can be issued to people living with dementia. The wristband stores the name and contact details of a wearer’s next of kin so that if someone gets lost, police or members of the public can quickly access contact details by placing a mobile phone against the device. Please note, the wristband is not a tracker.</p> <p>If you’re a carer or relative of someone who is living with dementia you can request a wristband when you complete the Herbert Protocol form.</p>	Boston Police Station Lincoln Lane Boston Lincs. PE21 8QS	Lincolnshire Police	<p>Website:</p> <p><a href="#">People with dementia at risk of going missing (Herbert Protocol)   Lincolnshire Police</a></p>	
Hunters Creek Care Home	Hunters Creek Care Home is a purpose built Care Home that provides person-centred dementia care, residential care as well as nursing care. Spacious and bright bedrooms are decorated to a high standard offering the comforts of a true home away from home. Manicured grounds and a central courtyard provide space for socialising with friends and family who are welcome at any time.	130 London Road Boston Lincolnshire PE21 7HB	Tanglewood Care Homes	<p>Tel: 01205 358034</p> <p>Email: <a href="mailto:info@twhealthcare.co.uk">info@twhealthcare.co.uk</a></p>	
IdEAL: Horses helping people living with dementia and their carers	<p>Equine Assisted Learning (EAL) sessions. Spending time with horses is a very positive experience; horses give a wonderful sense of well-being and inner peace and can also help rekindle many happy memories about riding and farming with horses.</p> <p>Sessions are designed to equally benefit those living with dementia and their carers.</p>	Sunset Farm Mill Lane Fosdyke Boston Lincolnshire PE20 2BL	Mike Burrow	<p>Tel: 07729 909186</p> <p>Email: <a href="mailto:info@inspired-eal.co.uk">info@inspired-eal.co.uk</a></p> <p>Website: <a href="http://www.inspired-eal.co.uk">www.inspired-eal.co.uk</a></p>	EAL sessions can be booked between 10:00 and 18:00 Tuesday to Saturday
Lincolnshire Centre for Grief and Loss	We offer a charitable service of counselling support for people aged 16+ experiencing all forms of grief & loss, including bereavement, redundancy/job loss, illness and disability, relationship breakdown and secondary loss. We can provide counselling to those affected by dementia or who cares for somebody with dementia, we offer support to children/grandchildren in school and at our Centre. Our service is free, but donations are gratefully accepted. Limited self-funded places available.	19 Carlton Mews The Carlton Centre Lincoln LN2 4FJ	Lincoln Centre for Grief and Loss	<p>Tel: 01522 546168</p> <p>Email: <a href="mailto:email@lcgl.org.uk">email@lcgl.org.uk</a></p> <p>Charity Registration No 1100421</p>	Telephone, online or face-to-face at our Lincoln centre, Mon-Fri 9.00-4.00pm, late night opening Thursdays.

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Lincolnshire Fire and Rescue – Home Fire Safety Visit	Based on identified risk, residents are offered a Home Fire Safety Visit which will be carried out by employees of LFR. It includes a home fire safety check and can offer holistic advice on health and wellbeing. Lower risk residents are sent information outlining details of the Home fire safety visit. On line home fire safety checks can be completed using this link <a href="https://www.safelincs.co.uk/hfsc/?ref=LFR">https://www.safelincs.co.uk/hfsc/?ref=LFR</a>	Community Fire safety Lincolnshire Fire and Rescue Fire and Police Headquarters. Deepdale Lane Nettleham LN2 2LT	Community Fire Safety	Tel: 01476 565441  Referral via the web site - <a href="http://www.lincolnshire.gov.uk/home-fire-safety/request-safe-well-check/1">www.lincolnshire.gov.uk/home-fire-safety/request-safe-well-check/1</a>  Email: <a href="mailto:hfsc@lincolnshire.gov.uk">hfsc@lincolnshire.gov.uk</a>	As and when requested
Lincolnshire Housing Partnership	Lincolnshire Housing Partnership provide support services that cater for a range of needs - such as for older tenants and residents and support for victims of domestic abuse.	Chantry House 3 Lincoln Lane Boston PE21 8RU	Lincolnshire Housing Partnership	Tel: 0345 6041472  Website: <a href="http://www.lincolnshirehp.com">www.lincolnshirehp.com</a>	
Lincolnshire Housing Partnership - Lincolnshire Telecare Services	Lincolnshire Housing Partnership Lincolnshire Telecare Service offers an array of services and products to help people go about their day-to-day activities in Lincolnshire without worrying about their safety. This is not restricted to LHP Tenants, we can provide support to Private Customers also.	Chantry House 3 Lincoln Lane Boston PE21 8RU	Lincolnshire Housing Partnership	Tel: 01205 318588  Email: <a href="mailto:Telecare@lincolnshirehp.com">Telecare@lincolnshirehp.com</a>  Website: <a href="http://www.lincolnshirehp.com">www.lincolnshirehp.com</a>	
Lincolnshire Housing Partnership Mayfields Extra Care Housing Scheme	Lincolnshire Housing Partnership Mayfields Extra Care Housing provides a safe and secure environment for residents, with care services available 24 hours a day. Extra Care Housing developments allow individual independence, whilst providing communal facilities and areas for social activities.  Mayfields also has a newly designed Respite Room, for anyone needing that little extra time for recovery or re-enablement, with on-site carers available if required. Midday meals are provided by our on-site caterers.	Mayfields Broadfield Lane Boston Lincs PE21 8GH		For all enquiries and further information -  Tel: 01205 318588	
Lincolnshire Rural Support Network	LRSN provides pastoral and practical support to farming and rural people during periods of anxiety, stress and problems relating to their families and businesses. Also provides mental Health Screening/ Support	Countywide	Gilly Steel	Tel: 0800 138 1710 (helpline open 8am – 8pm, Every day of the year)  Email: <a href="mailto:Gilly.steel@lrsn.co.uk">Gilly.steel@lrsn.co.uk</a>  Website: <a href="http://www.lrsn.co.uk">www.lrsn.co.uk</a>	
Lincolnshire Sensory Services	Providing a range of specialist support to enable people with a hearing loss and/or visual impairment to live as independently as possible	Wellingore Hall Hall Street Wellingore Lincoln LN5 OHX	Lincolnshire Sensory Services	Tel: 03333 202667  Mobile/Text: 07710155104  Email: <a href="mailto:contact@lincolnshiresensoryservices.org.uk">contact@lincolnshiresensoryservices.org.uk</a>	Mon –Thurs 9.00 am – 5.00 pm  Fri - 9.00 am – 4.30 pm

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Manor Gate Care Home	A 17 bed residential care home that caters for people with dementia. Services include day care and respite.	190 Causeway Wyberton Boston PE21 7BS	Manor Gate Care Home Heidi Gotts Manager	Tel: 01205 366260  Email: manorgate@hotmail.co.uk	
Meadows Edge Care Home	Meadows Edge Care Home provides a range of specialist nursing including a specialist Dementia Unit which caters for Alzheimer's, Vascular dementia, Lewy bodies dementia and Picks disease. Provides short or long term care.	Wyberton West Road Boston Lincolnshire PE21 7JU	Meadows Edge Care Home  Zsuzsanna Antal Manager	Tel: 01205 353271  Email: <a href="mailto:manager.meadowsedgecarehome@gmail.com">manager.meadowsedgecarehome@gmail.com</a>	
Memory Café Kirton	Providing a relaxed and informal coffee morning for people experiencing memory loss and those who seek to support them.  The café atmosphere promotes social engagement and support through interaction with others experiencing similar lifestyle changes.	Kirton Methodist Church, London Road, Kirton, PE20 1JE		Tel: 07907865919  Email: kirtonfamilyworker@gmail.com	Every 1 <sup>st</sup> & 3 <sup>rd</sup> Wednesday  11 am – 12.30 pm
Memory Lane Creative Sessions (Lincolnshire Housing Partnership)	Free creative sessions for people with early stage dementia and their carers.	Mayfields Broadfield Lane Boston PE21 8GH	Lincolnshire Housing Partnership Memory Lane Team	Tel: 0345 6041472 (Customer Service Team) Tel: 01205 318588 (Telecare Team)  Email: memorylane@lincolnshirehp.com  Website: www.lincolnshirehp.com	2 <sup>nd</sup> and 4 <sup>th</sup> Wednesday 10.00am – 12.00pm
Memory Lane Day Service (Lincolnshire Housing Partnership)	Memory Lane Dementia Day Service is suitable for those living with dementia who are able, with support, to enjoy spending time with others in a group setting	Mayfields Broadfield Lane Boston PE21 8GH	Lincolnshire Housing Partnership Memory Lane Team	Tel: 0345 6041472 (Customer Service Team) Tel: 01205 318588 (Telecare Team)  Email: memorylane@lincolnshirehp.com  Website: www.lincolnshirehp.com	Every Tuesday & Thursday - 10 am – 4 pm
Memory Support Service	The support service offers advice and support to people with dementia and their Carers. Formal diagnosis is required for referral into the service.  The service also supports people with a diagnosis of Mild Cognitive Impairment (MCI).	Lincolnshire	Lincolnshire Partnership NHS Foundation Trust	Tel: 0303 1234000  Email: <a href="mailto:lpft.memorysupportservice@nhs.net">lpft.memorysupportservice@nhs.net</a> Website: www.lpft.nhs.uk	
Minstrels Residential Care Home	A residential care home that caters for people with dementia.	Main Road, Wrangle, Boston PE22 9AJ	Minstrels Residential Care Home Carla-dee Thein Manager	Tel:01205 870910  Email: minstrels@btconnect.com	

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My Care Coordinator	<p>We provide a fully personalised one to one care coordination service, offering a dedicated single point of contact supported by a team committed to guiding you and your family through the complexities of the health and social care system.</p> <p>We support your family and loved ones by coordinating home care, care home arrangements, appointment scheduling, prescriptions, funding, financial and insurance matters or family coordination.</p> <p>We are a one stop solution for Coordinated Care for families and their loved ones.</p>	35 Pridmore Rd, Corby Glen, Grantham, England, NG33 4JN	My Care Coordinator	<p>Contact- <a href="mailto:info@mycarecoordinator.co.uk">info@mycarecoordinator.co.uk</a></p> <p>Telephone-07772 992732 <a href="http://www.mycarecoordinator.co.uk">www.mycarecoordinator.co.uk</a></p>	12 HOURS PER DAY 8AM -8PM 7 days per week 365 days per year including bank holidays
Pegasus – Lincolnshire Police	Pegasus is a PIN number database which has been designed to enable people in the community who may have difficulty using a telephone to access Lincolnshire Polices’ Emergency services.	Pegasus Community Safety Department Lincolnshire Police Headquarters PO Box 999 Lincoln LN5 7PH	N/A	<p>Text - 0392287893 999 – In Emergency 101 – Non-emergency</p> <p>Email: <a href="mailto:Forec.control@lincs.police.uk">Forec.control@lincs.police.uk</a></p> <p>Website: <a href="http://Pegasus card scheme   Lincolnshire Police">Pegasus card scheme   Lincolnshire Police</a></p>	
Pilgrim Hospital	Local hospital to Boston	Pilgrim Hospital Sibsey Road Boston Lincs PE21 9QS	Pilgrim Hospital	<p>Tel: 01205 446392</p> <p>Patient Advice Liaison Service (PALS) Tel: 01205 446243</p>	
Playlist for Life	A music and dementia charity with its aim being to ensure everyone living with dementia has access to a personalised playlist and for everyone who cares for them to know how to use it. The charity offers free advice and resources to anyone affected by dementia who could benefit from the power of music.		Playlist for Life	<p>Tel: 01414040683</p> <p>Email: <a href="mailto:info@playlistforlife.org.uk">info@playlistforlife.org.uk</a></p> <p>Website: <a href="http://www.playlistforlife.org.uk">www.playlistforlife.org.uk</a></p>	

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POhWER – NHS Complaints Advocacy Service	POhWER provides a free, confidential complaints advocacy service that is independent of the NHS supporting people to raise their complaints about NHS funded services. POhWER provides information, advice and guidance about people rights/options within the formal complaint process and supports them to write their complaint letter, attend local resolution meetings and make an application to the Parliamentary and Health Service Ombudsman if local resolution isn't achieved.	Countywide	POhWER	<p>Tel: 03004562370</p> <p>Email: <a href="mailto:pohwer@pohwer.net">pohwer@pohwer.net</a></p> <p>Website <a href="http://www.pohwer.net">www.pohwer.net</a></p>	
Ralphland Residential Care Home	Residential Care Home, specialising in dementia care and also offering pre-bookable respite, day care and long term stays.	Ralphs Lane Frampton West Boston PE20 1QU		<p>Tel: 01205 722332</p> <p>Email: <a href="mailto:ralphlandcarehomeoffice@gmail.com">ralphlandcarehomeoffice@gmail.com</a></p>	
Reading Well Books on Prescription for dementia	This service provides 20 titles specifically focused on dementia, recommended by health experts and people who have first-hand experience. GPs and other health professionals can recommend the books to people, or the titles are available for anyone to borrow for free from their local library (see details above for Boston Library)	Available in public libraries across the country	The Reading Well Team	<p>Email: <a href="mailto:readingwell@readingagency.org.uk">readingwell@readingagency.org.uk</a>.</p> <p>Website: <a href="http://www.readingagency.org.uk/reading-well">www.readingagency.org.uk/reading-well</a></p> <p>Local Library – <a href="http://www.gov.uk/local-library-services">www.gov.uk/local-library-services</a></p>	
Rethink Advice And Information Service	The Rethink Mental Illness Advice Service offers practical help on issues such as the Mental Health Act, community care, welfare benefits, debt, criminal justice and carers' rights. They also offer general help on living with mental illness, medication, care and treatment.	Nationwide	Rethink	<p>Tel: 0808 801 0525</p> <p>Email: <a href="mailto:Info@rethink.org">Info@rethink.org</a></p> <p>Website: <a href="http://www.rethink.org/">www.rethink.org/</a></p>	Monday – Friday 9.30 am – 4 pm
Samaritans	If you need someone to talk to, they listen. They won't judge or tell you what to do	Nationwide	Samaritans	<p>Tel: 116123</p> <p>Email: <a href="mailto:jo@samaritans.org">jo@samaritans.org</a></p>	



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Shine Lincolnshire	A health and wellbeing charity dedicated to strengthening communities and ensuring that everyone has access to the support they need.	7 Bull Ring, Horncastle, Lincs LN9 5HX	Shine Lincolnshire	Tel: 01507 304548 Email: <a href="mailto:info@shinelincolnshire.com">info@shinelincolnshire.com</a> Website: <a href="http://www.shinelincolnshire.com">www.shinelincolnshire.com</a>	
Silver Line	The only national free confidential helpline providing information, friendship and advice to older people, open 24 hours a day, every day of the year	National		Tel: 08004708090 Email: <a href="mailto:info@thesilverline.org.uk">info@thesilverline.org.uk</a> Website: <a href="http://www.thesilverline.org.uk">www.thesilverline.org.uk</a>	
Skirbeck Court Care Home – The Orders of St John Care Trust	Skirbeck Court is purpose built for residential care of older people. Skirbeck court can provide both long and short term care, as well as day care and flexible support to assist carers during times of crisis.	55A Spilsby Road Boston PE21 9NU	The Orders of St John Care Trust	Tel: 01205 361444	
Solicitors Advice	The Association of Lifetime Lawyers is an independent national organisation of lawyers who provide specialist legal advice for older and vulnerable people, their families and carers.			Email: <a href="mailto:admin@lifetimelawyers.org.uk">admin@lifetimelawyers.org.uk</a> Website: <a href="http://www.lifetimelawyers.org.uk">www.lifetimelawyers.org.uk</a>	
St Barnabas Wellbeing Centre	St Barnabas day therapy service is a free service that welcomes anyone over the age of 18 who has a life limiting illness, through cancer or non-cancer and aims to support them to live independently, give advice and information and help them to make informed choices about their future care.	Novak House Resolution Close Endeavour Park Boston PE21 7TT	St Barnabas	Tel: 01205 332494 Email: <a href="mailto:enquiries@stbarnabashospice.co.uk">enquiries@stbarnabashospice.co.uk</a> Website: <a href="http://www.stbarnabashospice.co.uk">www.stbarnabashospice.co.uk</a>	

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St Barnabas Welfare and Wellbeing team	Family Support Service is a free service providing emotional and psychological support to patients, their families and carers, together with support for those who have experienced bereavement.	Countywide	St Barnabas	<p>Tel: 01205 332494</p> <p>Tel: 01522 518225 or 01522 518200 (Lincoln Office)</p> <p>Email: <a href="mailto:enquiries@stbarnabashospice.co.uk">enquiries@stbarnabashospice.co.uk</a></p> <p>Website: <a href="http://www.stbarnabashospice.co.uk">www.stbarnabashospice.co.uk</a></p>	
St Barnabas Hospice at Home	Hospice at Home is a countywide, free service for people with an advanced, life limiting illness who choose to be cared for in their own home, operating 7 days a week.	Countywide	St Barnabas	<p>Tel: 01205 332494 or 01522 518222 (Lincoln Office)</p> <p>Email: <a href="mailto:enquiries@stbarnabashospice.co.uk">enquiries@stbarnabashospice.co.uk</a></p> <p>Website: <a href="http://www.stbarnabashospice.co.uk">www.stbarnabashospice.co.uk</a></p>	7 Days a week
HC-One The Gardens Residential Home	A residential care home that caters for people with dementia. Also provides a respite service.	88 Sleaford Road Boston PE21 8EY	Vicky Barty	<p>Tel: 01205 359797</p> <p><a href="mailto:Vicky.barty@hc-one.co.uk">Vicky.barty@hc-one.co.uk</a></p>	
The Georgians Care Home	A residential and nursing care home that caters for people with dementia.	50 Wide Bargate Boston PE21 6RY	The Georgians Ltd	<p>Tel: 01205 364111</p> <p><a href="mailto:manager@thegeorgians.co.uk">manager@thegeorgians.co.uk</a></p>	
Telecare (NRS) Lincolnshire	TeleCare can be used to support older people, those with long term conditions, disabilities or mental health worries. TeleCare can tell when there is an emergency in someone's home and when they need assistance. TeleCare uses a range of sensors either worn by the individual or placed in the home that can alert the local monitoring centre 24 hours a day.	Countywide	Telecare (NRS)	<p>To order Telecare by phone:</p> <p>Tel: 01476 852492</p> <p><a href="mailto:telecare@lincoln.nrs-uk.net">telecare@lincoln.nrs-uk.net</a></p> <p>Website: <a href="http://www.nrstelecare.co.uk/lincolnshire/">www.nrstelecare.co.uk/lincolnshire/</a></p>	
Walnut Care At Home	Home Care and Support Agency that can be booked on a short or long term basis, and may be funded with help from Lincolnshire Social Services or the NHS. Alternatively services can be purchased privately, or by using self-directed support funding. Experienced in dementia care.	Walnut Cottage Langrick Boston PE22 7AP	Walnut Care Ltd	<p>Tel: 01205 280101</p> <p>Email: <a href="mailto:info@walnutcare.co.uk">info@walnutcare.co.uk</a></p>	

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Wellbeing Lincs	Wellbeing Lincs is a countywide service designed to promote confidence in living independently to reduce or prevent the escalation of an individual's needs. Provision of support for up to 12 weeks (free). Access to simple aids/adaptations, (charges may apply). Telecare response service (charges apply). Self-help and other useful information are available whenever you need them by scanning the QR code to visit our pages on connect to support.	Wellbeing Lincs c/o East Lindsey District Council, The Hub, Mareham Road, Horncastle, Lincs, LN9 6PH	Wellbeing Lincs 	Tel: 01522 782140  Email: <a href="mailto:wellbeinglincs@e-lindsey.gov.uk">wellbeinglincs@e-lindsey.gov.uk</a>  Referrals are made through Lincolnshire County Council's Customer Service Centre on 01522 782140. Or online at <a href="http://www.Lincolnshire.gov.uk/wellbeingservice">www.Lincolnshire.gov.uk/wellbeingservice</a>	
Westfield Nursing Home	Specializes in Nursing care for 35 residents, and has all the home comforts residents would expect in family-oriented home from home surroundings. We care for people who have dementia, challenging needs, nursing and respite.	34 Sleaford Road Boston Lincs PE21 8EU		Tel: 01205 365834 <a href="mailto:westfield@countrycourtcare.com">westfield@countrycourtcare.com</a>	
White Gables	White Gables Care Home offers room accommodation for 20 residents catering for people with dementia, residential care, respite and palliative care. The home is small, popular and friendly with a family atmosphere with good integration within the community.	White Gables Care Home 21 Willington Road Kirton Boston PE20 1EP	White Gables Care Home	Tel: 01205 723874  Email: <a href="mailto:admin@whitegablescareshome.co.uk">admin@whitegablescareshome.co.uk</a>	
Willoughby Grange Care Home Boston	A care home that provides a number of services for people with dementia including: Nursing care, residential care, respite and palliative care.	Willoughby Road Boston PE21 9EG	Willoughby Grange Nursing Home	Tel: 01205 357836  Email: <a href="mailto:manager@willoughbygrange.co.uk">manager@willoughbygrange.co.uk</a>	
Woodlands Court Care Home	A care home that provides a number of services for people with dementia including: Nursing care, residential care, respite, day care and palliative care.	Woodlands Court Boston Road Kirton PE20 1DS		Tel: 01205 723355  Email: <a href="mailto:admin@woodlandscourt.org">admin@woodlandscourt.org</a>	
Vauxhall Court Care Home	A residential care home that cater for people with dementia and provide day care and respite.	Freiston Road Boston PE21 0JW		Tel: 01205 354911  Email: <a href="mailto:admin@vauxhallcourtcarehome.org">admin@vauxhallcourtcarehome.org</a>	
Young Dementia Network	The Young Dementia Network is a collaboration between people affected by and working in the field of young onset dementia. Free to join, it is hosted by Dementia UK and works to increase knowledge, understanding and awareness of young onset dementia.	c/o Dementia UK 7 <sup>th</sup> Floor One Aldgate London EC3N 1RE		Email: <a href="mailto:youngdementianetwork@dementiauk.org">youngdementianetwork@dementiauk.org</a>  Website: <a href="http://www.youngdementianetwork.org">www.youngdementianetwork.org</a>	

This Directory is an outline of services available in Boston and surrounding areas.

Every effort has been made to ensure that the content of this directory is accurate at the time of issue. However Boston Dementia Friendly Community do not accept liability for any third-party information of service provision.

The inclusion of organisations, services and contact details is for information purposes and does not constitute endorsement of any kind by Boston Dementia Friendly Community or the organisations supporting the publication.

This directory is intended to be a guide only, it is not intended as a substitute for independent/expert advice; always consult a qualified professional about your own care or the person you care for.

If you would like your service to appear in this directory or you have an amendment please contact:

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